

Student's Worksheet 1

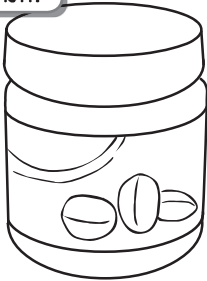
UNIT 4 Tiger values

A healthy breakfast

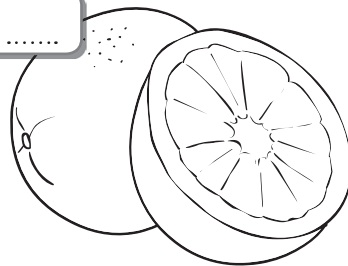


1. Match the words to the pictures.

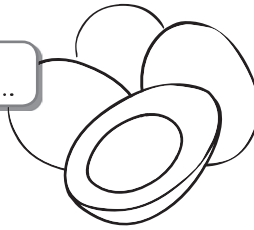
1. ...j...



2.

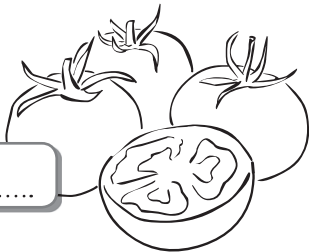


3.



- a. cottage cheese
- b. nuts
- c. cereal
- e. eggs
- f. oatmeal
- g. tomatoes
- h. bread
- i. oranges
- j. peanut butter
- k. cucumbers

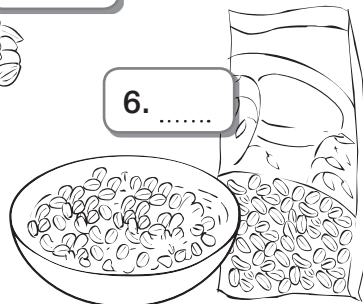
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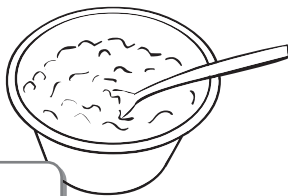
5.



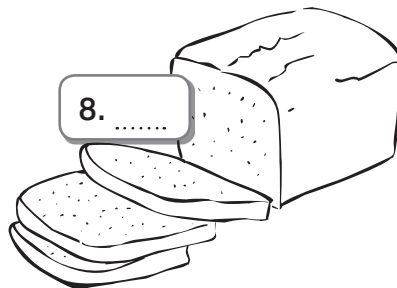
6.



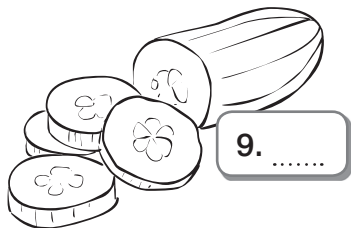
7.



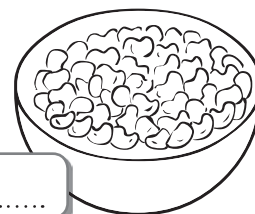
8.



9.



10.



2. Work in pairs. Which food does your friend like? Guess and tick. Ask and find out.

Do you like cottage cheese?

Yes, I do.

No, I don't.



3. Write the words from Activity 1 in the correct circles.

Food groups

grains

cereal

**milk
products**

milk, yoghurt

**fruit and
vegetables**

carrots, apples

bananas, strawberries

protein

ham, sausages

Student's Worksheet 2b
UNIT 4 **Tiger values**
A healthy breakfast



4. How often do you eat these foods for breakfast? Underline the words in Activity 3. Use the colour code.

often

sometimes

never

5. Work in pairs. Compare your answers. How many are the same? Tell the class.

We sometimes eat bananas for breakfast.

Student's Worksheet 3
UNIT 4 Tiger values
A healthy breakfast



1. Draw a healthy breakfast.

